

Team Racing Overview

Irish Sailing Team Racing Development Program

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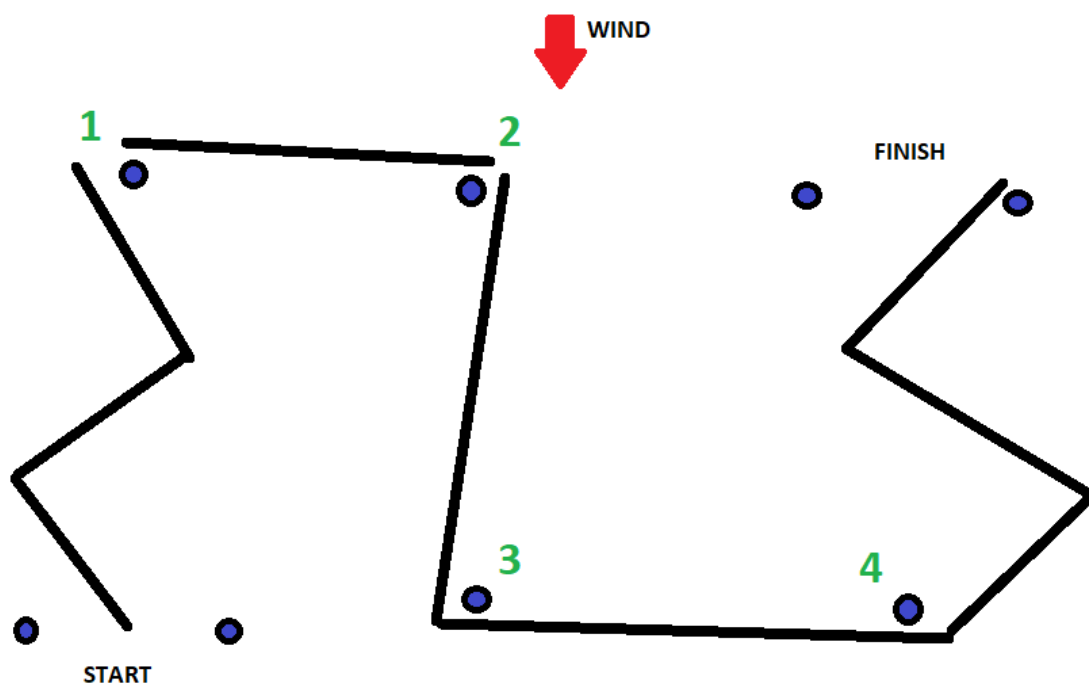
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What is Team Racing?

Team Racing is an exciting form of dinghy and yacht racing where 2 teams compete against each other around a short course. The winner is decided by the combination of the teams finishing positions. Teams can be made up of two, three or even four boats. As you know Fleet racing is all about boat speed and handling. In team racing these skills are still essential, however it is important to learn how to use the rules of sailing to outwit the other team and get your team into a winning combination. There is no point you finishing first while your teammates come last!

The Course

Races are around an S shaped course as seen below with the marks labelled as shown.



Overview of Relevant Rules

This is an overview of some of the most important rules, it is a good idea to understand how they work! For a more technical and in-depth explanation check out the World Sailing website.

Rule 10 – Port Starboard

If you are on port keep clear of boats on starboard!

Rule 11 – Windward / Leeward Boat

If you are the windward boat keep clear of a boat on the same tack and to leeward or below you.

Rule 12 – Overtaking Boat

If you are overtaking another boat, you must keep clear and go around them. If you go “above” them, remember Rule 11 and that they might luff you.

Rule 13 WHILE TACKING

Make sure you are clear of all other boats and have enough space before tacking. When passing though head to wind you have no rights.

Rule 14 AVOIDING CONTACT

Do NOT crash in any scenario! Always avoid contact and then protest the other boat.

Rule 15 & 16 ROOM TO KEEP CLEAR

If you have right of way, make sure you give the other boat time to keep clear and avoid you.

Rule 17 ON THE SAME TACK; PROPER COURSE

If you are overtaking a boat and overlap them to leeward or “below”, you must only sail at the mark and not “luff” them.

Rule 18 MARK-ROOM

The zone is an imaginary circular area around a mark. In team racing this is 2 boat-lengths.

When boats are overlapped when reaching the zone, the outside boat shall give the inside boat room to sail around the mark.

Check out this video for a nice description of some of the key rules:

<https://www.youtube.com/watch?v=fmi2znaaD9A>

Plenty of other videos can be found on YouTube as well. See you all on the weekend!